

THEY LOVE L.A. **CITY OF ANGELS SET** FOR ANOTHER DISASTER FLICK (page 15)

WINNIE THE POOH RETURNS

DISNEY GOES OLD SCHOOL (page 16)





OTTAWA metr

Thursday, November 11, 2010 www.metronews.ca





Ottawa remembers price of freedom

All over the country today, Canadians will commemorate the sacrifice our war veterans have made to keep Canada free. Parades and ceremonies will take place all over the city, including Confederation Square this morning.

War kids seek dads 60 years on

• War bride historian estimates 30,000 children were born from relationships between European women and Canadian soldiers during the Second World War

Maggie Green went through her entire life thinking she'd never see a photo of her biological father.

But when the 63-year-old British woman tracked down her half-brother near London, she found a photo of a Canadian soldier inside a box of her birth mother's belongings.

"I picked one photograph out of the case and I kind of sat there and froze because I could see my face looking back at me," says Green, whose adoptive parents changed her name from Rosemary Fuller.

Green was so sure that the mysterious man in the photo is her father that she launched a search for him, reaching out to genealogy websites, museums, researchers and historians in Canada, hoping to identify him. Through legwork, she's figured out

that the soldier who signed the photo

spitting image of him, really. I think I look more like him than I do my mom." MAGGIE GREEN

"I actually think now I am the

"with love, Jim" was a member of the Lorne Scots regiment, which is based in Brampton, Ont.

But after 18 months of fruitless searching, she's reached a dead end and is thinking of hiring a private investigator. "It's very hard because I don't have a

surname," she says.

"There's very little I know about him to be honest, that's about all I've got. That's why it's such a difficult task to find him." THE CANADIAN PRESS

Homes

Dated and dazzling looks

• Refresh your china to impress at dinner parties Don't throw your old seed packets away 🗘 Steven and Chris talk on rejuvenating old knick-knacks (pages 24-26)

Hands off mv wife

Hudak fears spouse will be political target for Grits (page 8)

Pizza coming in a cone?

Local eatery imports fresh Italian idea (page 27)



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A noble science project

UOttawa organization sends volunteers twice a year to remote communities to promote education



When University of Ottawa nursing student Marc-Antoine Roy travelled 600 kilometres to Kirkland Lake. Ont., last summer, his mission was to teach students in this remote community that science can be fun and practical.

Roy had volunteered with Science Travels, a campus non-profit organization that sends uOttawa students to teach science and education in northern Ontario and Nunavut.

Roy joined three other volunteers from different disciplines to encourage high school students to learn about science through presentations and workshops.

"I liked making a difference and (showing) science

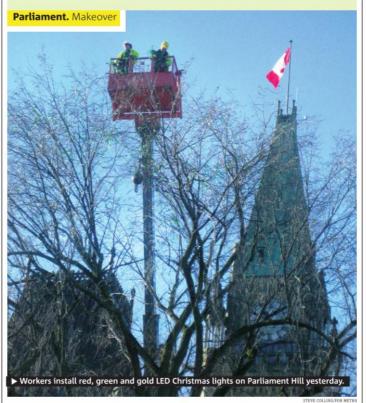
"These are places that really need volunteers like ours to come and talk about science, because they don't have that opportunity every day."

ANNA CHKREBTII, SCIENCE TRAVELS OUTREACH MANAGER

can be hands-on, and to see that spark in their eyes," said Roy.

And, as university graduates, volunteers can do a lot more than teach students about science.

"A lot of times kids will ask them questions about university life and their experience in university," said outreach manager Anna Chkrebtii. "So it's very important that they can answer these questions."



Lights, camera — Christmas!

The lights are part of the 26th edition of the National Capital Commission's Christmas Lights Across Canada program. During the next few weeks, the installation of thousands of LED lights along Confederation Boulevard will be completed. One-tenth of the lights — nearly 15,000 — will be on Parliament Hill. The official illumination ceremony takes place Dec. 2 at 6 p.m., and the lights will be turned on nightly through Jan. 7.

news



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Nova Scotia asks for federal help to deal with 'incomprehensi-ble' flood damage. metronews.ca



Team Watson has a captain

Mayor-elect Jim Watson has named a chief of staff.

With a long history of public service and community involvement in Ottawa, Serge Arpin will lead the mayor's team effective Dec. 1.

The Navan resident. who holds degrees from Carleton University and the University of Ottawa, most recently worked as a vice-president at the Public Policy Forum and has served as Carleton University's chief advancement

www.rainbowfoods.net

"Serge is proud of his lifelong career in public service and deeply cares about our city and its future."

MAYOR-ELECT JIM WATSON

officer. In the past, he has held positions at La Cité collégiale, Ketchum Canada and Niagara College. A TRACEY TONG



News in brief

Beware of phone scam

FRAUD. The Ottawa police organized fraud section is warning of a phone scam targeting seniors in the Ottawa area.

A caller pretends to be a grandchild or other family member in trouble with the police, and then tells the victim he needs to have several thousand dollars in bail money

STEVE COLLINS

Restaurant in Nepean robbed

CRIME. Police are investigating the robbery of a McDonalds at 1675 Merivale Rd. at about 10:10 Tuesday night.

Two suspects described as black males, one with a knife and the other a handgun, held up the restaurant and fled south with an undisclosed amount of money.



They have also proven effective for people with circulatory problems

Show blends dance, theatre

After a distinguished career in the world of theatre and film, Quebec director Robert Lepage said Eonnagata, his new collaboration with choreographer Russell Maliphant and ballerina Sylvie Guillem, taught him patience.

"I feel from the very moment you go into dance or you go into something that's expressed in a less obvious way, a physical way, you have to be patient," he said yesterday. "To work on it you have to trust that something will come out of it at the end of the day."

Maliphant said he also learned from "one of the most playful processes that I've experienced."

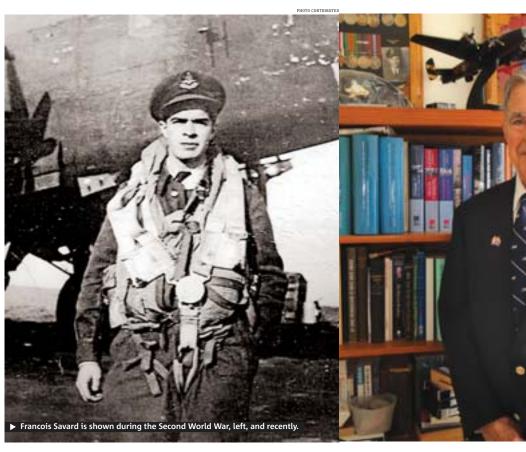
Eonnagata, running tomorrow and Saturday at the NAC, blends dance and theatre, kabuki, and martial arts, and is inspired by the story of Charles de Beaumont, the Chevalier d'Eon, an 18th century



French diplomat, spy and transvestite.

The Ottawa performance marks a return home for Lepage, who from 1989 to 1993 was artistic director of French theatre at the

STEVE COLLINS





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jh big courage

Savard's story is one of many that remains important to Canadians
 Veteran participated in bomber training in England



"We're looking for men here, son, not boys."

It was 1943 during the Second World War. Eighteen-year-old Francois Savard had applied to the Canadian army.

To his dismay, he was rejected. His small stature, a feature he often griped about, was stopping him from joining the army and taking his place overseas with thousands of other Canadians.

Upset and angry, Savard stormed out of the office

and went down to the Royal Canadian Air Force.

Now 85, the Ottawa resident remembers how he joined the RCAF and trained as a flight navigator.

He had been brought up in a military family and it had been expected that he and his brother would join up once they were old enough.

Savard joined the 425 Alouette Squadron, a primarily French-Canadian bomber group, and started making bombing runs over Germany.

On his first flight, he was sitting when the plane

"I felt bad for all my chums who didn't go to war.

didn't go to war.
They missed out
on the adventure."

SECOND WORLD WAR VETERAN

shook and his parachute, stored neatly at his feet, exploded in a whirlwind of silk

A shell had torn right through the hull of the plane and passed by him, blowing up his parachute on its way out the other end of the fuselage.

He sat in shock for a few seconds, dusty and trembling, before he went back to work. "I couldn't believe I had

"I couldn't believe I had to make more of those," he remembered.

"If that was my first run, what would the next be like?"

Savard made four more runs before the end of the war.

The only other close call came during his last raid. Bombs, from fellow RCAF bombers, flew in between his plane's wing and tail, narrowly missing them.

His older brother was not as fortunate. He was shot down in his 30th mission.

Popular poppy plates set for bikes next year

Ontario's government says it won't forget the war veterans who ride motorcycles.

Starting next spring, they will be able to get poppy-stamped licence plates for their bikes.

The provincial government said earlier this month that it would add motorcycle plates to the popular veteran's plate program. With the new motorcycle plates coming out in the spring, veterans should be able to have them on their bikes for next year's Remembrance Day, THE CANADIAN PRESS

Cars and trucks

Veterans have been able to get specialty licence plates for their cars and trucks since 2003, and the government says almost 33,500 have been issued.

A great way to help the families of our heroes



Visit a participating **Canada Post** location and do your part for Remembrance Day by purchasing this inspiring collector card from the Royal Canadian Mint for just \$9.95.

\$5 will be donated to the Military Families Fund for every card sold.











Iran loses bid for seat on UN women's board

Iran received 19 votes, the lowest number received among the 11 Asian nations vying for 10 available seats

Iran lost its bid yesterday for a seat on the board of the new UN agency to promote equality for women to East Timor after strong opposition from the United States and human rights groups to Tehran's treatment women

Iran, which recently sentenced 43-year-old Sakineh Mohammadi Ashtiani to death by stoning for adultery, had been among the 10 nations on an uncontested slate put forward by Asian nations for elections to the board of UN Women until East Timor, which broke from 24 years of Indonesian occupation in 1999 and declared independence in 2002, an-



nounced its candidacy in recent days.

U.S. Ambassador Susan Rice welcomed the result, saying "we've made no secret that Iran joining the board of UN Women would have been an inauspicious start to that board ... and we think it was a very good outcome today.'

Some rights groups were also upset that Saudi Arabia, where women are not allowed to drive and are barred from many facilities used by men; Libva, where Moammar Gadhafi has been in power for more than 40 years; and Congo, where rape is widely used as a weapon of war, were on uncontested slates and won seats on the board.

Iranian Nobel Peace Prize laureate Shirin Ebadi told reporters Tuesday that membership of countries like Iran and Saudi Arabia on this board is like a ioke." THE ASSOCIATED PRESS



Low blow to higher education?

A rally in Baton Rouge was assembled to protest against budget cuts to higher education in Louisiana. Much of the anger was directed at Gov. Bobby Jindal, who protesters said is misleading Louisiana residents by suggesting the cuts aren't harmful and instead could be directed to administrative overhead and waste.

The woman, Cyn-4Lthia Galens, said her boyfriend drank most of the contents of the nearly 4-litre iug of cocktail.

Colder than ever

A woman drew a 23-year prison sentence yesterday for killing her boyfriend

by lacing a jug of margarita cocktails with antifreeze. THE ASSOCIATED PRESS



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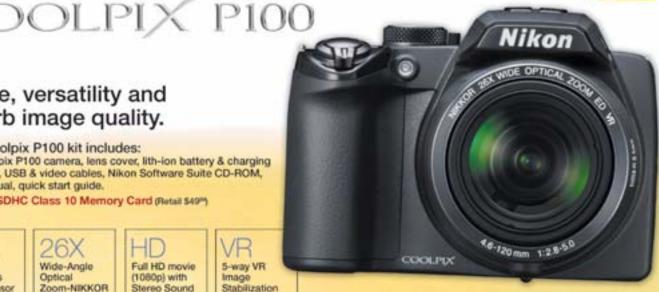
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Hudak wants Grits to leave wife out of it

▶ PC leader wants McGuinty campaign to avoid attacking wife ▶ Deb Hutton was adviser to Mike Harris

Most Canadian politicians would never dream of attacking an opponent's spouse, but Progressive Conservative Leader Tim Hudak is worried his wife will be considered fair game in the run-up to next year's Ontario election.

Hudak's wife, Deb Hutton, was a senior adviser to former premier Mike Harris and a frequent target of political opponents during the Conservative government of the late 1990s.

The day Hudak won the Progressive Conservative leadership in 2009, Liberal cabinet ministers handed

Fair game?

Hudak's wife, Deb Hutton, is hardly a household name outside of Ontario political circles, but she remains a controversial figure.

out buttons with pictures of Hudak, Hutton and Harris under the banner "Team 3H: because we didn't screw things up badly enough the first time."

"Of course it's concerning, and of course it's hard not to take it personally," Hudak said yesterday of the

attacks on his wife. "Debbie has made extraordinary sacrifices in her own career to help raise our daughter, who is now three."

Families are off limits, and Premier Dalton McGuinty needs to make sure that message gets through to the Liberal campaign team, added Hudak.

Just last month, the Liberals issued a release under the headline "Tories at the Trough," which singled out four Conservatives, including Hutton, for "living the good life" at taxpayers' expense.

THE CANADIAN PRESS

MONTREAL

Mob boss reportedly killed

Nicolo Rizzuto, the reputed patriarch of Canada's most famous Mafia family, has been shot and killed, a police source said. Police say an 86-year-old man died after being shot at his home in the north end of Montreal last night.

They would not immediately identify the victim, but a source said the man struck by bullets

was Rizzuto.

The Rizzuto clan, which once ruled over Canada's underworld, has been decimated in recent months. Since last year, the family and its associates have been targeted in a series of slayings.

The killing, if confirmed, drives a definitive nail into the coffin of a once-formidable criminal organization. Vito Rizzuto, Nicolo's son, is in a U.S. jail, and Nicolo Rizzuto Jr., the son of Vito Rizzuto, was gunned down at lunch in a gritty west-end neighbourhood.

Warrant issued for alleged stalker

Mounties in Alberta have issued a warrant for the arrest of a man they call a serial stalker of women.

RCMP say Kent Norman Brazier faces charges of criminal harassment, uttering threats and possession of a weapon dangerous to the public peace. Police say the charges stem from his alleged actions after he broke up with a woman.

THE CANADIAN PRESS



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' metr⊕

metronews.ca THURSDAY, NOVEMBER 11, 2010

China jails tainted baby milk activist

▶ Man organized support group for parents of dead and sickened children ▶ Convicted of 'inciting social disorder'

A Chinese man who organized a support group for parents of children sickened in one of the country's worst food safety scandals was found guilty of inciting social disorder and sentenced yesterday to two years in prison, his lawyer said.

Zhao Lianhai had pushed for greater official accountability and compensation for victims and their families after the 2008 scandal that shocked China.

His sentence appeared particularly severe because the case related to a public safety incident that the embarrassed leadership had pledged to tackle in a bid to restore consumer confidence.



Zhao, a Beijing resident whose young son was among scores of children sickened by melaminetainted milk, vowed to ap-

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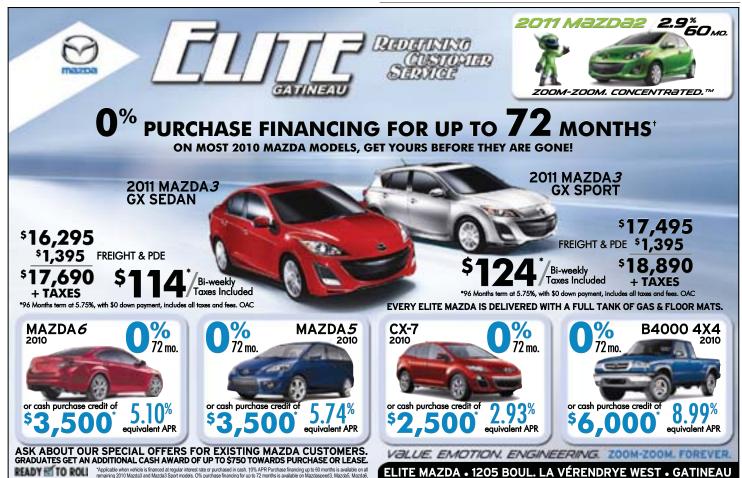
peal and began a hunger strike to protest the verdict, lawyer Li Fangping said.

Six children died and nearly 300,000 were sickened by baby formula tainted with melamine, which can cause kidney stones and kidney failure.

The industrial chemical, used in the manufacture of plastics and fertilizer, was added to watered-down milk to increase profits and fool inspectors testing for protein.

Zhao set up an online forum to share information about the poisonings in 2008 after his son, then three, was diagnosed with kidney stones.

THE ASSOCIATED PRESS



Home daycare workers stage strike

You may want to hold the popcorn

• Chemicals found in food wrappers detected in high concentrations in human blood, says study's co-author

Corn is not the only thing popping in that bag twirling around the mi-

University of Toronto scientists have found that many paper food packages, like microwave popcorn bags, are popping dangerous chemicals into the products they contain.

And significant levels of

those chemicals and the products they break down into are now in human blood, the study's co-author says

Indeed, Scott Mabury, an environmental chemist at the U of T, says a large portion of the so-called Perfluorinated carboxylic acids, or PFCAs, likely come from paper junk food wrappers.

These packages are lined with polyfluoroalkyl phosphate esters, or PAPs, Mabury says. These are broken down in the body into a number of PFCAs.

Mabury says some of the products, known metabolites, are known to be "reactive," meaning they pose cancer risks. TORSTAR NEWS SERVICE

VOLUNTEERS NEEDED FOR DEPRESSION RESEARCH

Psychiatrists at the Ottawa Psychopharmacology Clinic are currently conducting a research study of an investigational medication for depression. The purpose of the study is to further our knowledge about the possible treatment of depression. Study duration is initially 12 weeks with possible continuation of up to 24 weeks in total, included are a physical exam, blood tests and a psychiatric interview. All information provided will be treated in strictest confidence. To volunteer, you must be 18-65 years of age, not currently in psychiatric treatment (unless you are being referred by your treating doctor), have no drug or alcohol problems and be in generally good physical health.

	YES	NO
I am feeling sad and depressed		
I am having difficulty sleeping		
I am feeling low in energy and slowed down		0
My appetite has changed		
I am experiencing feelings of guilt		0
I have lost interest in work and pleasurable activities	0	0
I feel hopeless about the future		
I feel tense and anxious		
I am having difficulty making decisions		
I am having trouble concentrating		



Ottawa Psychopharmacology Clinic Smyth Medical Centre

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All information is kept in strictest confidence. Research programs are reviewed by an ethics review board.

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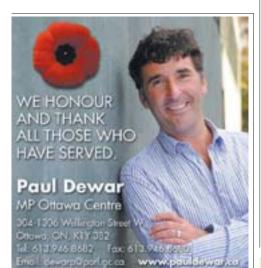
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They are the world — literally

Canada's trade deficit rises

Merchandise exports drop 1.7% to \$33.1B in September: StatsCan Export volumes fell 2.2%

Canada's trade deficit with the world rose to \$2.5 billion in September, the fifth consecutive month in the red for the country's trade balance.

CIBC economist
Emanuella Enenajor noted
the weakness underscores
the challenges facing the
Canadian economy in
coming quarters as global
growth slows and the
weak recovery continues
in Canada's biggest trading
partner, the United States.

As well, a rising loonie that has hit parity this week will add to pressure 7.9%
The economy's growth
— and its ability to
create more jobs to
lower the 7.9 per cent
jobless rate —
depends on exports,
consumer spending
and government
spending.

on exporters, making their goods more expensive in the U.S. market.

"Given the lagged impact of a stronger loonie

which has weakened the competitive position of Canadian exporters, further strength in the Canadian dollar will only make the picture grimmer," Enenajor wrote in a report.

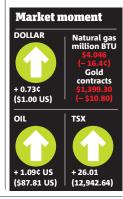
"With U.S. growth still quite tepid, trade will continue to act as a drag on Canadian GDP."

With exports falling, and governments and consumers likely to restrain their spending, it's expected that growth in the economy will be sluggish over the next year or so.

THE CANADIAN PRESS

More A380 leaks found?

Tests uncovered oil stains in three Rolls-Royce engines on Singapore Airlines' A380 superjumbos, prompting the airline to yank the planes yesterday, just two days after Qantas announced oil leaks on its A380s. THE ASSOCIATED PRESS









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PUTTING AN ARTIFICIAL CAP ON SPENDING



So a friend recently bought a \$450 hat, which I had a hard time with because those words do not go together.

t's like "technologically astute belly button" or "solid-gold soup." \$450 hat. All tailoring aside, it doesn't fit.

To be clear, the hat is a hat. It is not an iHat. This hat does not do equations, provide locomotion, or render the user invisible. It is not made from mithril, unobtainium, or flubber. And though the hat contains leather, it did not come from a celebrity like Mrs. O'Leary's cow.

When she made her purchase I was in the hat shop, a strange place where everything was expensive but nothing was breakable. It was like being in a

Nerf-brand antique store. It must have distracted me,

because one moment she was pointing at the price tags and laughing and the next she was outside the store saying, "I just spent \$450 on a hat" with the same

ecstatic/concerned tone one might say, 'I just punched my boss in the face!" I think what peo-ple spend money

on is their own business, but seeing this purchase made me think about my

own spending. I could never buy a hat like that, not because I'm

so wise, but because I'm so stupid.

"To be clear, the hat is a hat. It is not an iHat. This hat does not do equations, provide locomotion, or render the user invisible. It is not made from mithril, unobtainium, or flubber."

I'm about \$50,000 in debt. and most of those transactions were hidden over time. I scoff at an expensive hat, but think nothing of spending \$9 at Starbucks for a "protein pack" that consists of a hard-boiled egg and some corrugated cardboard.

Canadians, as a rule, are in debt up to their earmuffs, but I doubt very much that we owe that to one-time special

purchases like vacations or that perfect piece of jewelry. Instead,

we owe it to a lifetime of Coke cans and lattes and ATM fees.

I couldn't spend \$450 on a hat because it's too real. I'd have to think about that purchase every day. Instead, I waste my money on frivolous things that disappear even as I'm buying

I've even attended Toronto Maple Leafs games, which is a bit like buying a \$450 hat that does-n't fit, beating yourself with it, and throwing it away after three

So, if you see something extravagant you really want, I say go ahead and spend, spend,

It will be to your credit.



Read more of John Mazerolle's columns at metronews.ca/hesays

Cartoon WWI VETERANS THEN:





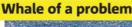
Sunscreen not an option

Worth mentioning

Scientists say some whale species off the Mexican coast are showing signs of severe sunburn that may be caused by the damaged ozone layer's decreased ability to block ultraviolet radiation.

The seagoing mammals would be particularly vulnerable to the sun damage, in part because they need to spend extended periods of time on the ocean's surface to breathe, socialize, and feed their young. Since they don't have fur or feathers, that effectively means they sunbathe naked.

As Laura Martinez-Levasseur, the study's lead au-thor, said: "Humans can





put on clothes or sunglasswhales can't."

Martinez-Levasseur, who works at Zoological Society of London, spent three years studying whales in the Gulf of California, the teeming body of water that separates Baja California from the Mex ican mainland.

Her study, published in the Proceedings of the Roy-

al Society B, seemed to confirm suspicions first raised by one of her whalewatching colleagues: The beasts were showing lesions associated with sun damage, and many of their skin samples revealed pat-terns of dead cells associated with exposure to the powerful ultraviolet radiation emitted by the sun. THE ASSOCIATED PRESS

Is global warming still a hot-button issue?

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Metro Minute with Share the Spirit

Next time you're close to the National Arts Centre. think of all the local children who aren't able to enjoy performances there this holiday season.

Consider making a donation to the NAC's Share the Spirit program, which provides free tickets to chilwith medical dren economic challenges.

Donations will allow children to see performances like The Nutcracker, Handel's Messiah, A Canadian Tenors Christmas with the NAC Orchestra, Pops: Motown, the Mariinsky Ballet and will be distributed through local organizations like Big Brothers Big Sisters Ottawa, the Boys and Girls Club, the Ottawa Food Bank, The CHEO Foundation, the Sens Foundation and the Snowsuit Fund.





Why destroying L.A. is so much fun

○ Earthquakes, tsunamis and alien invasions — disaster movies love targeting the City of Angels **○** Skyline is the latest movie to trash the city

Los Angeles has the worst luck.

Through decades of disaster films, the city has been targeted by aliens, toppled by temblors, sunken by tsunamis, levelled by lava, and a rogue tornado once took out the famous Hollywood sign

famous Hollywood sign.

And so it will be that calamity again strikes the City of Angels in the new sci-fi film Skyline, opening tomorrow, followed by another bout of destruction early next year in the movie Battle: Los Angeles.

What is it about L.A. that invites such repeated

devastation?

"People love watching L.A. get destroyed," says Battle: Los Angeles director Jonathan Liebesman. "It's nice to screw up the great weather."

But there's so much more to it than that.

Los Angeles is a city many people love to hate, says Bob Birchard, an American Film Institute historian. "L.A. and certainly Hollywood have been associated in some people's minds as a hotbed of the devil's work, so that underlying element is part of the genre."

That notion isn't just implied in 1996's Escape from L.A., where it becomes the "island of the damned" and "a deportation point for all people found undesirable or unfit to live in the new moral America."

Ultimately, heaving destruction on Los Angeles shows Hollywood's sense of humour, sense of optimism and a real love for its sunny, palm-lined home.

Greg Strause, one of the filmmakers behind Skyline, says the alien-invasion flick was inspired by the breathtaking view from his Marina del Rey condo. The invaders' first target? Movie studios.

"It's a strange coincidence that the motherships descend on the studios first," he says.

Regardless of on-screen devastation, there's always a message of hope, which USC pop-cultural historian Leo Braudy relates as one more reason to choose L.A. for digital disaster.

"It's an odd kind of Western optimism. We're going to start over again, like a phoenix rising from its own destruction."

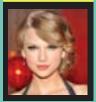
L.A. in ruins

Since 1952, Hollywood has been annihilating the city. From alien attacks to devastating earthquakes, L.A. has encountered it all on the silver screen. Here is a timeline of its big screen destruction.

- War of the Worlds (1952)
- Earthquake (1975)Independence Day (1996)
- Volcano (1997)
- The Day After Tomorrow (2004)
- Transformers (2007)
- 2012 (2009)
- Terminator Salvation (2009)



Scene in brief



Taylor Swift has been named BMI's country songwriter of the year, becoming the youngest person to win the award at 20

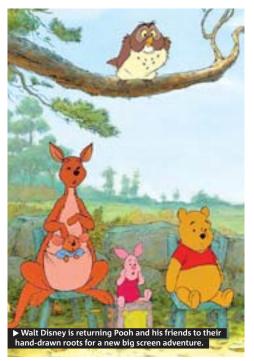
win the award at 20.
She also won
country song of the
year with co-writer
Liz Rose for You Belong To Me, making
Swift the first songwriter to win that
award three years in
a row.

THE ASSOCIATED PRESS



An EOS with Perspective.

With the name EOS 600 DSLA, Camon gives the photo software and automatic and income to go the camon because the foliage and automatic and income to go the camon because the foliage and automatic and income to go the camon because the foliage and automatic and income to go the camon because the foliage and automatic and income to go the foliage and the camon because in the camon the foliage and the camon the foliage and the camon the camon



Winnie the Pooh kicks it old school

Winnie the Pooh will be back to his old self again next year.

Walt Disney Animation Studios is returning the honey-loving teddy bear and his pals to their handdrawn animated roots for a feature film dipping into theatres July 15, 2011. The new Winnie the

The new Winnie the Pooh, the first big-screen Pooh adventure from Disney animators in more than 30 years, will more closely resemble the classic short films from the 1960s and '70s.

"We wanted to create a movie for the big screen that had the charm and wit of those original shorts," said Peter Del Vecho, the film's producer.

"What originally endeared all of us to these characters was that they were stuffed animals that came to life in the imagination of a child."

Winnie the Pooh, loosely based on five stories from A.A. Milne's books, finds Pooh, Tigger, Rabbit, Piglet, Kanga, Roo, Owl, Eeyore and Christopher Robin searching for a new tail for Eeyore in a water-colour-drenched Hundred Acre Wood.

The gang will also hunt for a mysterious creature called a Backson, briefly mentioned in the 1928 book The House at Pooh Corner.

While this version of Pooh won't be generated by a computer or projected in 3-D, Del Vecho cautioned it wouldn't simply be a redux of past Pooh projects.

He said it will feature five new original songs.

THE ASSOCIATED PRESS





to top honours

Tina Fey has been awarded the Mark Twain Prize for American Humor

Mark Twain paid a surprise visit to the Kennedy Center on Tuesday night to honour Tina Fey with America's top humour

America's top humour prize that bears his name.

A moustached Alec Baldwin playing Twain said he was surprised to learn that the prize honours top comics.

"Tina, well that's a funny name for a man," he said, shocked to hear it was a woman who had won because "their brains aren't shaped right."

A hundred years after

the author's death, the woman famous for her Emmy Award-winning impression of Sarah Palin on Saturday Night Live, accepted the Mark Twain Prize for American Humor.

She thanked Palin and the Kennedy Centre for her success.

SNL comics lined up to celebrate their colleague's work over nine seasons. They played clips from her time anchoring Weekend Update and some of the commercials she wrote.

Amy Poehler recalled

meeting Fey back when they were both part of The Second City improv group in Chicago in the 1990s.

"Our dreams were as big as our unshaped eyebrows," Poehler said.

The humour prize honours those who define contemporary comedy. Last year, it went to Bill Cosby. Organizers said Fey made her mark as the first female head writer on SNL, not to mention her Palin impression and creating the NBC comedy series 30 Rock, in which she stars

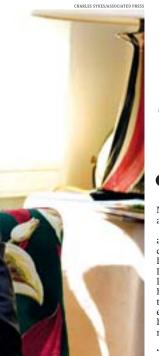
with Baldwin.

At 40, Fey is the youngest to be honoured with the award that was created in 1998. She's also only the third woman to receive it after Lily Tomlin and Whoopi Goldberg.

The show will be broadcast nationally Sunday on PBS. Kennedy Center Chairman David Rubenstein said the event raised a record \$1.3-million for the centre with high dema°nd for tickets — especially from Alaska.

THE ASSOCIATED PRESS





Nora bids farewell to her memory

In I Remember Nothing, she writes of the way that people and places fade away with age

Nora Ephron is thinking about algorithms.

She wonders what they are. It's one of those concepts, such as Twitter and heavy metal, that exist only to remind her she has lived too long. Unsure of her own definition, she takes a little nip from that electronic flask in her handbag, that digital demon rum: her iPhone. "Algorithm," she reads,

"a set of rules for solving a

problem in a finite number of steps, as for finding the greatest common divi-

Ephron, 69, is known for such books as Heartburn and Crazy Salad, and for the movies Sleepless in Seattle and Julie & Julia. She has been writing about silly and serious matters for 50 years, from hooded seals to nuclear power plants to the silly and serious matters of men and women.

She is back with I Remember Nothing, essays about family, journalism and everyday and eternal bothers. There are lists of what she'll miss (bacon, Paris) and what she won't

(funerals, mammograms).

Much of the book is a farewell to her own memory. She's not writing about Alzheimer's, but the way people and places and events fade as if erased

from tape.

This is a new kind of name-dropping. She can brag about having met the Beatles, but not about what they said. She doesn't know. Same for Dorothy Parker Eleanor Roosevelt.

"It's not that I don't need to remember things, I just don't remember them," she says.

She also doesn't know if she'll write another novel and doesn't worry. She just likes the writing process.

Ephron writes of summers in the Hamptons on Long Island when her children were little. She loved the sound of geese in mid-July. "[It was] one of the things that made the summers out there so magi-cal." Now, the geese remind her that summer will end, and so will everything else.

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Kanye West & George Bush make nice

Kanye West says he "didn't have the grounds" to call George W. Bush a racist, and the former president said yesterday that he appreciates the gesture.

Bush appeared on the Today show, part of a book promotion tour.

In his book, Decision Points, Bush wrote that it was a low point in his presidency when West declared at a fundraiser to benefit Hurricane Katrina victims that "George Bush doesn't care about black people." In an interview taped Tuesday with NBC's Matt Lauer, West said he would tell Bush that he was speaking in a moment of frustration.

"I believe that in a situa-tion of high emotion like that we as human beings don't always choose the right words," West said.



Shown a tape of West's remarks, Bush said he appreciated them and forgave him.

"I'm not a hater," he said. "I don't hate Kanye West. I was talking about an environment in which people were willing to say things that hurt. Nobody wants to be called a racist if in your heart you believe in equality of races.

THE ASSOCIATED PRESS

Bieber to invade Grammv nom gala

Justin Bieber will perform when the Gramnominations are announced next month.

The 16-year-old from Stratford, Ont., will take the stage at Club Nokia in Los Angeles for the nominations gala on Dec. 1.

The show will be broadcast live on CBS. It will mark the third time the nominees for the Grammys have been announced live during prime-time TV.

Both of Bieber's platinum-selling leases — My World and My World 2.0 — will be eligible for awards at the upcoming show on

THE CANADIAN PRESS

Canada's D-Day story

Docu-drama tells the story of Canadians at Juno Beach • Archival footage woven in with battle recreations

On the shores of Lake Huron, film cameras rolled as dozens of young men in military garb converged on a stretch of golden sand that's usually known as a beach retreat, and it stopped two passersby

The sight of Canadian and German military uniforms, an authentic Sherman tank, and Second World War weaponry including Sten guns, mortars and MG42s was beyond belief to these two men, both

The film crew was recreating the chaotic landing at Normandy on June 6, 1944 for the 90-minute Storming docu-drama, Juno, and director and executive producer Tim Wolochatiuk says one of the men approached the crew in tears.

He had been among the estimated 16,000 Canadian soldiers who landed at Iuno Beach on D-Day, and the scene brought forth a flood of memories.

'He said it was exactly like this and he said it just threw him right back to recalls 1944. Wolochatiuk. "He was thrown back and got quite emotional at times there's guys running around in German uniforms and that kind of was a trigger for him as well."

On the one hand it was amazing to hear him say it and on the other, it was a bit of a relief to hear him say that ... perhaps we were doing something more right than wrong."

ation, airing Remembrance Day on History Television, cuses on the real-

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helped lead the Al-

MATT SAYLES/THE ASSOCIATED PRESS, FILE

dropped behind enemy lines the night before the invasion, Lt. Bill Grayson who fought his way through the beach, and tank Sgt. Leo Gariepy, who



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► A scene from History Television's Storming Juno. The film was shot on the shores of Lake Huron. tions of their stories are woven in with archival footage of actual Cana-

of battle. The docu-drama is followed by a half-hour of inter-views with Second World War veterans who recount their experiences on the war's longest day.

dian soldiers scram-

bling into the heart

"The project was very ambitious to start with," says Wolochatiuk, noting it began with a request from then History Televi-sion exec Michael Kot to

tell a uniquely Canadian story.

"He was very passionate about telling the story of Canadians and their involvement in D-Day. The Americans are great at celebrating their

heroes and war stories and he felt it was high time that we did likewise

Interviews include emotional memories from Regina's Roy Armstrong, a dispatch rider for the Royal Regina Rifles and the 12th Field Ambulance.

Now 91, the veteran says he followed about half a mile behind Canadian infantry who were bombarded at Normandy, adding that day is a "pretty touchy, pretty touchy sub-

"I saw too darn much," Armstrong says by phone from Regina, adding that he nevertheless escaped serious injury.

"When my wife was here she'd say: 'Roy, we should really sleep in single beds. You were fighting the war again last night.'

He caught a few minutes of the documentary and says it is "an awful lot like" that day on the beach.

It's hard not to bring up comparisons to the big-budget giant that set the standard for modern-day war renderings, Band of Brothers, and even Wolochatiuk brings it up from time to time as he discusses his attempt to capture the horrors and triumphs of D-Day.

The crew spent two weeks filming the dramatizations in locations including Sauble Beach, near Owen Sound, Ont.; inside and on the deck of the HM-Haida, docked in Hamilton; at a farm near Guelph, Ont.; and an old mansion used as a gatehouse near Cambridge,

Storming Juno airs on story Television on History Television on Thursday. THE CANADIAN PRESS





A friend from the motion picture academy left a message, but Francis Ford Coppola didn't want to return the call.

"Well, I am always nervous when I get a phone call from folks where I am living," explained the director of such classics as The Godfather trilogy and Apocalypse Now. "(It's a) 'Why are they calling me?' kind of thing and 'Who's sick?' or 'Who's passed away?' But it was happy or 'Who's passed

Indeed, Former Academy of Motion Picture Arts and Sciences president Sid Ganis was on the line to inform Coppola that he would be honoured with the Irving G. Thalberg Memorial Award, to be presented at the academy's second-annual Governors Awards Saturday night in

"It is sort of the ulti-

mate award for producing," noted Coppola. "I've been a writer, a director and I have gotten more than my share of those honours. The Thalberg award for me is kind of a trifec-

The Academy has handed out five Oscars to Coppola, for co-writing Patton (1970), for co-writing The Godfather (1972) and for co-writing, producing and directing The Godfather: Part II (1974).

The Governors Awards dinner will honour Coppola, as well as preservation-Brownlow, Kevin director Jean-Luc Godard and actor Eli Wallach — all of whom have some sort of Coppola connection.

Godard (Breathless) did some shooting at Coppola's Zoetrope film studio in Hollywood, and "I knew (him) from Paris and got to hang out with him," Coppola said. "He is a very intriguing man."

After seeing Brownlow's restoration of director Abel Gance's 1927 silent epic Napoleon, Coppola arranged for a gala screening with musical accompaniment by a live orchestra. which resulted in a theatrical re-release of the film. Oddly enough, Coppola and Brownlow never connected personally. "I never got to work with him," Coppola said. "I never met

Veteran actor Wallach (Baby Doll) played a key role in The Godfather: Part III (1990). "He speaks Italian very well," Coppola recalled. "He said when he first went to Italy, he asked where the bathroom was and they said 'Laggiu' (which sounds like, "The Jew"). And he said (joking), 'Don't get personal. I am Jewish.' Laggiu means Laggiu means

'Down there.' Lassu means 'Up there," Coppola continued, laughing. "He was a neat man.

At 71, Coppola remains active. In addition to overseeing his Northern Caliwineries, supervised the painstaking digital transfer and contributed hours of new bonus material for Lionsgate's recent Blu-ray re-lease of Apocalypse Now (1979). He served as an executive producer on Oscarwinning daughter Sofia Coppola's upcoming feature Somewhere. And he's by no means finished with filmmaking.

Coppola's a revered director, and Saturday he will be honoured as a producer. But, he says, dream always was to be a writer who made films of the stories and the writing that I did."

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Album reviews

| Don't bother **Borrow it**

Cee Lo has the chops

Album: License to Kill **Label:** Warner ---

The release of Cee Lo Green's F**k You on YouTube a couple of months back was a novelty sensation. Now it's just annoying, especially when you hear your kids singing it.

Fortunately, it's not the only track on License to Kill, Cee Lo's first solo album in more than six years. He continues in the same groove he found with the 2006 blockbuster Crazy, which he recorded under the name Gnarls Barkley with collaborator/ producer/DJ Danger Mouse.

This time Cee Lo takes a definite retro turn, sounding like a '50s or '60s soul crooner in the style of Al Green (It's O.K.) or the late Solomon Burke (No One's Gonna Love You, Old Fashioned). It's all very irresistible and filled with celebratory lyrics (not counting the bizarre track



Bodies), love-struck highs, swirling strings, catchy hooks, tasty horn riffs and call-and-response vocals.

Let's face it. Cee Lo not only has the material, he's got the voice to pull it off. And for those still stuck in 2007, the Crazy theme comes through loud and clear in the thrusting

cadence of Fool For You. As a matter of fact, after you listen to the complete album a couple of times, you might even start liking F**k You again. Just don't let your kids hear you singing it.

Outstanding track: Fool for Y011

GRAHAM ROCKINGHAM



Kid Cudi

Album: Man on the Moon II: The Legend of Mr. Rager Label: G.O.O.D.

Darker than last year's The End of the Day, The Legend of Mr. Rager is again a five-act concept that flaunts Kid Cudi's limitless scope. With various helping hands on board

(Kanye, Mary J, St. Vincent), the Cleveland rapper is able to slip in and out of his comfort zone to present his twisted, halfbaked vision. While it isn't always a cohesive listen, Cudi always keeps you guessing; an act that alone gives him a unique quality. Outstanding track: MÂNIAC CAM LINDSAY



Susan Boyle Album: The Gift Label: Sonv **@@@**

Hardcore Lou Reed fans may rip their hearts out with horror when they hear that Brit talent show darling Susan Boyle opens her new Christmas CD with Perfect Day, backed by a gazillion-voice choir. Still, Boyle has an undeniably

pleasing voice, well suited for the traditional carols here. It even manages to overcome some serious overproduction in Crowded House's Don't Dream It's Over. And if you can erase Lou Reed's original from your memory, even Perfect Day can pass as a seasonal diddy. Outstanding track: Don't Dream It's Over GRAHAM ROCKINGHAM



The Tallest Man On Earth

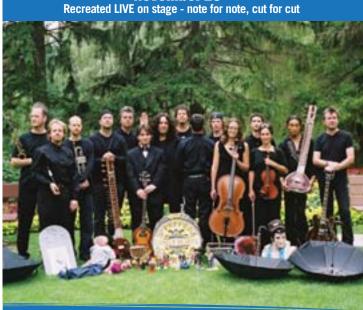
Album: Sometimes the Blues is Just a Passing Bird Label: Dead Oceans ---

Swedish troubadour Kristian Matsson has had a banner year, with releasing one of 2010's finest albums in The Wild Hunt. This EP acts as the cherry

on top, rolling out five more songs like a second dessert. The sincerity of his wide-eyed, pastoral lyrics and jaunty sandpaper yelp produce a hopefulness that is unrivalled these days. **Outstanding track:** Like the Wheel CAM LINDSAY









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Demi Lovato gets treatment for 'issues'

Although some say it's because she's been 'partying like a rock star'

While Demi Lovato's camp insists the Disney star is getting treatment for "physical and emotional issues, sources say she'd been "partying like a rock star" before checking in, according to Life & Style.

'Demi's been on a tear lately. She'll chug booze straight from the bottle," a source says, while another source claims to have watched Lovato snort cocaine.

"I just remember her doing it [cocaine] as if she had been doing it for a long time," Texas college student Brian Payne tells the magazine.

"It didn't seem like something new to her.'

According to the website Gossip Central, Lovato opted for the Timberline Knolls Residential Treatment Center in Chicago, where she's reportedly getting treatment. • METRO



Madonna: 'I just felt like a weirdo' in high school

Madonna has no tolerance for bullies, she declared during an interview with Ellen DeGeneres.

"The concept that we are torturing teenagers because they are gay — it's unfathomable," the singer said.

"It's like lynching black people or Hitler exterminating Jews. Sorry if I'm going on a rampage right now, but this is America. The land of the free and the home of the brave

Madonna also admitted that her teen years weren't that easy either.

"I have to say I never felt like I fit in in school," she said. "There was no



I just felt like a weirdo."

Just a friend of the family

With rumors swirling that Miley Cyrus' parents' divorce was prompted by an affair between Tish Cyrus and Bret Michaels, the Poison front-man is speaking up to defend himself. "I've been friends with her family forever," Michaels tells People magazine. "It start-

ed out with me and Miley simply working on a song together. Her mom, Tish, likes 'Every Rose Has Its Thorn,' the first concert Miley ever saw was Poison, and so they wanted to remake it for the new record."

Oprah — still got reason to smile

Oprah Winfrey has once again topped Forbes magazine's list of the highestwomen entertainment, pulling in a whopping \$324 million.

Bevonce Knowles made it to No. 2 with \$89 milSpears at \$65 million. Two newcomers made the top 10 this year: Lady Gaga nabbed No. 4, with \$64 million, and Taylor Swift slid in at ninth with \$46 mil-

Talking points

Tickled Pink over news

BABY. Pink and husband Cary Hart are expecting their first child, according to Us Weekly. "She's 12 weeks along," a source says.

"Pink was determined to make the relationship solid," the source says. "Now she's really happy, and she's excited she got pregnant so fast! She'll be a brilliant mother.

No more **auestions**

PRIVATE. Kanye West took to Twitter again this week for a lengthy, soul-bearing barrage of posts, concluding that "I can't come up with some magic trick to make people like me." West seemed most perturbed by probing interviews he's been doing to promote his new album. "I've made mistakes, I've paid the price, now it is what it is. I'm gonna make this art but I'm not going to be scruti-

nized as





Everything sounds like don't trust anvone!

Courtney Love [Acolive1] i look hot , i mean well i work hard, i



think that entitles me to not be pillored for savina hel-

lo to friends and bidding at

Sylvester Stallone



[@TheSlvStallone] It's not easy to find new bad asses that can act, but I believe the younger audiences want to be represented,



a human being," he wrote. "No more [George Bush questions... no

more Taylor [Swift] questions.. no relationmore ship questions." METRO

Oprah Winfrey





life

Up and down

Designer kids Your tot's wardrob options just got

bigger now that Stella

launched a children's

McCartney has

clothing line.

Skulls

After the Hells Angels sued Alexander McQueen for

illegal use of their

they settled out of

court. The fashion

house has to recall and destroy all

clothing that fea-

tures the logo.

skull head logo,

Adding a cheat sheet to winter beauty

Deauty trends change at whiplash pace Defector in the coming cold weather and your beauty regimen can look dated Defector we offer up tips on what to add to your beauty cabinet, and what to toss out.

KENYA HUNT, GLOBAL FASHION DIRECTOR

NARS LIP GLOSS colour: Bougainville \$24 nars.com

Toss: The clear lip lacquer

Add: A wine lipstick or gloss

Generally speaking, wintertime is when all the red lips come out. But this season the colours are trending toward darker, rich shades. If you're on Team Lipgloss, try NARS lipgloss in Bougainville, which leaves just a hint of plum. For those on Team Lipstick, have a look at MAC Cosmetics' Pro Longwear Lipcreme in Faithfully Yours.

Toss: The heavy day cream

Add: A hydrating serum

Pricey, fancy ingredient-packed face creams are old news. Most just sit on top of the skin without absorbing into the dry, scaly layer underneath. Instead, look for hydrating moisturizers with hyaluronic acid, which penetrates deeper into your skin and leaves your face looking – and feeling – much smoother.

REN DAY CREAM

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Toss: The thick face paint

Add: A correcting foundation

The sole purpose of makeup is to help you look and feel better – not worse.

Yet many women wear skin-destroying foundations that clog pores and enhance the appearance of wrinkles.

Lancôme's Teint Miracle is not one of those foundations. Part of a new wave of makeup, this foundation does just about everything, from correcting dark spots, decreasing pore size, smoothing out wrinkles and even protecting the skin from damaging sun rays.

LANCÔME

Teint Miracle \$37



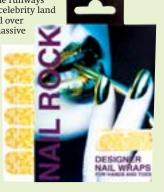
Toss: The pink nail polish

Add: A tricked-out manicure

Nail art isn't just trendy on the runways (Alexander McQueen) and in celebrity land (Beyoncé and Rihanna). It's all over the street, too. Witness the massive success of the global salon chain, Minx. Don't have one in your city? No worries! You can create the same look at home with DIY nail wraps.

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Wi

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H&M delivering luxury for less

Lanvin fashions arrive on Nov. 20

Budget-conscious fashion lovers will soon be able to snag the luxurious looks of Lanvin for less in a muchanticipated designer collaboration with H&M.

The collection features about 35 pieces for women, and roughly 25 for men, with 10 accessories for both including shoes, handbags and jewellery, said Emily Scarlett, public relations manager and spokeswoman H&M Canada.

Signature touches like the classic ruffle can be seen on richly-hued cocktail dresses, and there are puffed sleeves and oversized floral prints on minidresses. Outerwear pieces include a sleek black silk-satin evening coat, tuxedo jacket and textured fur coat.

For those seeking accessories, the collection incolourful heels.



including pairs with fastened bows, and satiny heels with ribbon to wrap around the ankles. Men's footwear includes Oxfordstyle shoes in eye-popping hues like electric blue

The collection will arrive in North American stores on Nov. 20 and in the rest of the world Nov. 23. Or get a sneak peak at hm.com.

THE CANADIAN PRESS



Putting the pony in tail

THE KIT

Heading straight from the office to a night on the town? Here's a simple but chic ponytail from celebrity stylist and Pantene Pro-V consultant Justin German:

Apply a gel, such as Pantene Pro-V's Medium-Thick Hair Solutions Style Gel (\$6, pantene.ca) from the forehead back toward the crown, and brush through hair to smooth fly-aways.

Place ponytail at the centre-back of head and secure with an elastic.

Take a 1-inch section from the base of your ponytail and wrap it around to conceal the elastic. Pin in place with a bobby pin. And you're done! Total time: 5 minutes

THE KIT is Canada's beauty authority and first-ever digital beauty magazine. Subscribe for free at thekit.ca

And for the ladies

THE CUBE

welcomethecube.com

The Cube

Max Mara, home of the omnipresent camel coat, has produced a new line of over-achieving outerwear for its satellite line, 'S collection. Called The Cube, the series features reversible, multifunctional quilted parkas, which all come with interchangeable accessories such as hoods, snoods, cuffs, gloves and shrugs. The beauty is that they are warm and

lightweight, dressy and sporty. The downside is that they cost about the price of two coats, starting at roughly \$1,000. (Then again, you get multiple looks in one.) Depending on how you wear it, any one of these coats work for a Saturday's run of errands, the commute to work, that ski vacay in the mountains and the dinner date night out.









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From dated to dazzling

Is your china looking outdated? If so, we have tricks to make it hip again for your next dinner party

DECOR MOMENT

KARL LOHNES HOME@METRONEWS.CA



It will soon be time for holiday entertaining and that means heading to

the china cabinet pulling out that old china, crystal and flatware.

If your china pattern is about 15 years or older, chances are the colours and patterns are looking slightly outdated (think dusty rose, baby blue or heavy floral prints). It may be time to give your china an update, huh? How do you update and

refresh your existing china to make it feel hip and current for entertaining, you may wonder? Let's give the world's best-selling china pattern an update.

Royal Albert's Old Country Roses was designed in the early 1960s and its red, pink, green and gold colours aren't what you'd expect on a modern tablescape. It's the citrus green



Give your china a boost with my Top 3 colour suggestions.

- China pattern with blue Add trendy turquoise and silver to the table.
- China pattern with mint green Add chocolate brown and copper colours to the table.
- China pattern with pinks Add charcoal grey and deep purple to the table.

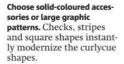
that will bring this pattern back to life.

A deep espresso brown table, funky coloured chandelier and some updated tabletop accessories will give the almost 50-year-old pattern a new lease on life.

Use similar colours. The green leaves on the china will blend nicely with citrus green colours in napkins, a tablecloth or glassware.

The red flowers are matched with a jazzy metallic red charger plate; the yellow and gold trims flowers are matched with napkin rings and place mats.

Here are more tips to modernize your china.



Use coloured flatware. This is a great way to create a more casual feel to the china pattern. Less formal and more fun and eclectic!

Break up the china. A solidcoloured latte mug, cereal bowl or salad plate is a great way to reduce the amount of the china pattern used on the table.



There are a lot of inexpensive coloured chandeliers and light fixtures made of plastic/resin that will add a funky look and update an outdated china pattern.















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Sowing your old seeds

• Don't toss those leftover seed packets • In many cases old seeds can be successfully germinated • Still, it's prudent to do a germination test

Cooks aren't the only ones who create leftovers. Gardeners end up with them, too — frequently, unused seeds. But keep those seeds around another year or more rather than discarding the pricey packets.

ing the pricey packets.

"If you grow very much, you can save money," said Carol Yaw, a veteran gardener and merchandising manager with Charley's Greenhouse and Garden in Mount Vernon, Wash. "I always start with my old seeds before buying new.

It's simply a matter of getting quality seeds to start with. Look to reputable nurseries instead of shopping for discounts."

Seeds from certain crops stay viable longer than others. Samples of the socalled New Mexico Cave Beans were successfully germinated after 1,500 years of dormancy. They did so well that some commercial growers added them to their product lines.

"Old seed is fine to plant in most cases by home gardeners," said Bill McDorman, founder and president of Seeds Trust Inc., in Cornville, Ariz. "You don't get a lower quality plant just because the seed is old. That's a misconception. I routinely get 90 per cent-plus germination from tomato seeds that are over 10 years old."

Hard, round seeds seem to last longest, he said. "Generally, onion and chive (seeds) are among the first to die off. But I've planted onion seeds five years old or more and still got many to grow."

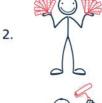
B. Rosie Lerner, a consumer horticulturist with Purdue University Extension, has compiled a longevity index for many vegetable and flower seeds. Expect at least a four-year life span for beet, cucumber, lettuce, pumpkin, radish, squash, tomato and watermelon seeds. That same standard applies to calendula, poppy and zinnia, among annual flower seeds. The ASSOCIATED PRESS



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Old is new again

Steven and Chris offer stylish alternatives to throwing out those old knick-knacks in the basement

Viewers of CBC's daytime show, Steven and Chris, can actively engage the design duo on their home décor queries and conundrums.

Their daily Ask Steven and Chris segment addresses questions submitted online — photos, floorplans and colour preferences are welcome.

The guys say they love answering questions from their audience at home and providing practical, affordable and stylish answers to everyday décor questions.

Sometimes, they respond with a completely new idea — other times they simply offer a different way of looking at things.

For this holiday season, Steven and Chris have some crafty, budget-conscious décor tips for revamping old items and giving them new life:

Festive decorations:

Instead of throwing away those knick-knacks buried in the basement, look out for interesting shapes (owls are big this year) and spray them with this season's hottest colours: matte white or gold.

Voila! You've trans-

Voila! You've transformed them into stylish home accessories to use as centerpieces or adorn side tables. This is another trick for refreshing old and worn tree ornaments.

DIY pillow covers:

What doesn't work on the body can look great on the couch. Collect those stretched-out cable knit sweaters from the bottom of the closet and transform them into beautiful knit pillows to adorn the sofa.



Create pops of colour by closing the opening with grosgrain or velvet ribbons. The boys call it recycling chic!

Make a memory:

What better way to make your house feel like a home than to create a memory wall of all your favourite photos and treasured possessions.

Think about mixing old

black and white photos with travel mementos and seas shells mounted in shadow boxes.

Not only will your family feel honoured, it's a great conversation piece — or even a gift idea.

You can find more of Steven and Chris' ideas to refresh your home and spice up your decor online at cbc.ca/stevenandchris.

Canadian
Living

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Pizza cones: A fresh idea from Italy



LUNCH RUSH

SHARI GOODMAN

FOOD@METRONEWS.CA



Pizza in a cone. It's novel. It's original. It's fresh. But is it tasty? Set on the corner

Bronson and Arlington sits the only pizza cone business in Canada, an idea imported from Italy. The restaurant still looks like it's settling in, with boxes in the corner and unfinished walls that need more paint.

Lined up behind the counter are many tubs of ingredients, including broccoli, spinach, jalapeño, olives, meatballs, salami, and so on. Unless you're in a pizza rut, making a decision about what to put in your cone is difficult.

A few squirts of sauce, handfuls of ingredients, a

topping of grated mozzarella, another squirt of sauce, and my cone was ready to pop into a hot oven for three minutes.

My taste buds met with a touch of disappointment. The pizza crust was lacking that yeasty, doughy taste. Fortunately, the fresh ingredients helped to camouflage the biscuit-tasting crust. Even though it wasn't really good, it was pretty And definitely good.

Ombrella Pizza Cones

- 527 Bronson Ave. (and Arlington)
- (613) 695-7667
- No website
- Hours of operation: Mon. to Sun. 8:00 a.m.-11:00 p.m.
- Rating ***
- Price range \$\$
- Reservations: No Lunch with co-workers
- Licensed: No
- Cash only

Furkey teriyaki with noodles

Ingredients: Teriyaki Sauce

- 125 ml (1/2 cup) low-
- sodium soy sauce
 50 ml (1/4 cup) sugar
- 50 ml (1/4 cup) honey
- 5 ml (1 tsp) sesame oil
- 15 ml (1 tbsp) oil 1 clove garlic, minced
- **Turkey Stir-Fry**
- 30 ml (2 tbsp) oil, divided 750 g (1 1/2 lb) fresh
- turkey, cut into cubes · 1 clove garlic, minced
- 15 ml (1 tbsp) fresh ginger, minced
- 125 ml (1/2 cup) onion, sliced
- · 3 green onions, cut into
- 2.5-cm (1-inch) lengths 250 ml (1 cup) red
- pepper, sliced 500 ml (2 cups) cooked
- udon noodles • 5 ml (1 tsp) chili flakes

(optional)

Sauce: In a pot over medium heat, combine sauce ingredients. Bring to a low boil and simmer for 5 minutes. Set aside

Preparation:

In a large bowl, combine 15 ml (1 tbsp) of the oil, turkey, garlic and ginger. Heat remaining oil in a large wok or skillet on medium and saute turkey until crisp outside and cooked through. Add onions and red pepper and cook until vegetables are tender-crisp. Add udon noodles and terivaki sauce. Saute for a few minutes more. Serve sprinkled with chili flakes, if desired. Makes 4 servings.





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sports

Quoted



"Am I bitter or mad that he let me go or the organization? No. You never know what the future holds. Right now I'm a Tennessee Titan. I'm here to do whatever coach (Jeff) Fisher wants me to do."

RANDY MOSS, SAYING HE HAD NO HARD FEELINGS TOWARDS VIKINGS COACH BRAD CHILDRESS FOR WAIVING HIM



Shooting Spezza good for Senators



Ottawa centre proving he's much more than just a playmaker

Jason Spezza credits an offseason home improvement project with helping his goal-scoring touch for the Ottawa Senators.

"I put a net in my backyard this summer and shot a lot more pucks," Spezza said yesterday, a day after his two goals helped the Senators to a win over Atlanta, their fourth straight victory and sixth in the past seven games.

Long considered a playmaking centre, Spezza is more apt to be shooting the puck these days. It's just one aspect of his game that he's working at in an attempt to improve as a better all-around player.

Often criticized for being one-dimensional during his first seven NHL seasons, the 27-year-old seems to have taken some

of those knocks to heart and the Senators are reaping the benefits during their current hot streak.

"Right now, he's doing a lot of good things," coach Cory Clouston said following the team's practice in preparation for tonight's visit to Scotiabank Place by the Vancouver Canucks.

the Vancouver Canucks.

"He's complementing his game from the offensive side with a good defensive mindset. He's still, I don't want to say a work in progress, but he's working hard to develop that part of his game. We use him on the penalty kill a little bit more right now, he's been very good on faceoffs and he's wanted to expand his role and he's getting the opportunity and making the most of it." THE CANADIAN PRESS

Dynamic duo



- After a groin injury kept Spezza out of five games early on, he's begun to hit his stride on a line with Alex Kovalev, pictured, and Peter Regin.
- They've been the Senators'

- best unit so far and a big reason the team's been able to turn it around after a poor start to the season. Clouston's pairing of Spez-
- za and Kovalev no stranger to criticism from fans and the media himself had some wondering if there'd be enough pucks to keep both happy and enough defensive presence to keep it out of their own net, but the combination has clicked.
- "We all play for the same thing — win the game and help the team," Kovalev said.

Tulowitzki, Gonzalez, Arroyo win 1st Gold Gloves

Colorado shortstop Troy Tulowitzki and Rockies outfielder Carlos Gonzalez have won their first NL Gold Glove awards, joined by Cincinnati pitcher Bronson Arroyo as a first-time winner.

St. Louis first baseman Albert Pujols and Reds third baseman Scott Rolen won Gold Gloves for the first time since 2006, it was announced yesterday.

It was the eighth overall for Rolen and the second

for Pujols.

Cincinnati had three winners after leading the major leagues with a .988 fielding percentage.

Second baseman Brandon Phillips won his second Gold Glove.

Cardinals catcher Yadier Molina repeated along with outfielders Shane Victorino of the Phillies and Michael Bourn of the Astros. Molina and Victorino are threetime winners.

THE ASSOCIATED PRESS



Sports in brief



Manchester rivals draw

SOCCER. Manchester United drew 0-0 at Manchester City yesterday to let Chelsea stretch its lead at the top of the Premier

League with a 1-0 win over visiting Fulham.

Pennington to start at QB

NFL. Chad Pennington is replacing Chad Henne as the Miami Dolphins' starting quarterback. Coach Tony Sparano made the announcement after practice yesterday. The Dolphins (4-4) play host to Tennessee on Sunday, when Pennington will make his first start since he suffered a season-ending right shoulder injury in Week 3 last year.

FACTERN	CONFEDENCE	

	GP	W	L	OTL	SL	GF	GΑ	Pts	Home	Away	Last 10	Strl
d-Washington	15	11	4	0	0	51	37	22	7-1-0-0	4-3-0-0	7-3-0-0	W
d-Philadelphia	15	9	4	2	0	45	34	20	6-3-0-0	3-1-2-0	7-2-1-0	LI
d-Montreal	15	9	5	1	0	36	33	19	4-3-1-0	5-2-0-0	6-4-0-0	W1
Tampa Bay	14	8	4	2	0	43	39	18	4-1-1-0	4-3-1-0	5-3-2-0	W1
Boston	12	8	3	0	1	40	24	17	2-2-0-1	6-1-0-0	7-2-0-1	W1
Ottawa	15	8	6	1	0	41	42	17	5-3-0-0	3-3-1-0	7-3-0-0	W
Carolina	15	8	7	0	0	49	45	16	4-2-0-0	4-5-0-0	5-5-0-0	W2
NY Rangers	15	7	7	1	0	41	42	15	2-5-1-0	5-2-0-0	5-5-0-0	La
Atlanta	15	6	6	1	2	46	56	15	2-3-0-1	4-3-1-1	3-4-1-2	L3
Pittsburgh	16	7	8	1	0	47	46	15	2-5-0-0	5-3-1-0	4-5-1-0	L1
Toronto	15	5	7	1	2	32	42	13	3-3-1-1	2-4-0-1	1-7-0-2	L7
Florida	13	6	7	0	0	40	34	12	4-2-0-0	2-5-0-0	5-5-0-0	W1
Buffalo	16	5	9	2	0	42	52	12	0-6-1-0	5-3-1-0	4-5-1-0	W2
NY Islanders	14	4	8	1	1	35	50	10	2-2-0-1	2-6-1-0	3-7-0-0	L7
New Jersey	16	4	10	1	1	29	53	10	0-6-1-0	4-5-0-0	3-6-0-1	LZ
WESTERN COL	MEEL	DEM	CE									

WESTERN CONFERENCE

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d-St. Louis	1	3 9	2	1	1	33	26	20	6-0-0-0	3-2-1-1	7-1-1-1	L1
d-Los Angele	s 1	3 1	3	0	0	39	26	20	6-0-0-0	4-3-0-0	8-2-0-0	W4
d-Vancouver	1	14 8	4	0	2	40	34	18	6-0-0-1	2-4-0-1	7-2-0-1	L1
Detroit	1	3 9	3	0	1	42	34	19	5-1-0-1	4-2-0-0	6-3-1-0	W1
Columbus	1	4 9	5	0	0	40	33	18	5-4-0-0	4-1-0-0	7-3-0-0	W1
Anaheim	1	6 8	7	0	1	43	52	17	5-1-0-1	3-6-0-0	6-4-0-0	W4
Chicago	1	7 8	8	1	0	50	51	17	4-4-0-0	4-2-1-0	4-6-0-0	L1
Dallas	1	3 8	5	0	0	43	37	16	5-3-0-0	3-2-0-0	5-5-0-0	L1
Minnesota	1	3 7	4	0	2	32	30	16	5-3-0-1	2-1-0-1	6-3-0-1	W3
Colorado	1	4 7	6	1	0	47	46	15	3-4-0-0	4-2-1-0	4-5-1-0	L1
San Jose	1	3 6	4	3	0	36	33	14	3-2-2-0	3-3-0-0	5-4-1-0	L1
Calgary	1	4 7	7	0	0	39	40	14	4-4-0-0	3-3-0-0	5-5-0-0	W1
Nashville	1	3 5	5	3	0	31	38	13	2-1-3-0	3-4-0-0	2-5-3-0	L5
Phoenix	1	4 4	5	4	1	35	55	13	2-2-2-1	2-3-2-0	3-3-3-1	L3
Edmonton	1	13 4	. 7	0	2	35	48	10	2-4-0-0	2-3-0-2	2-6-0-2	L1

 $d-\text{division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column. \\$

Washington 4 N.Y. Rangers 3 Tonight's games (All times Eastern) Montreal at Boston, 7 p.m.

Buffalo at N.Y. Rangers, 7 p.m. Tampa Bay at Washington, 7 p.m.

Nashville at St. Louis, 8 p.m. Dallas at Los Angeles, 10:30 p.m. N.Y. Islanders at San Jose, 10:30 p.m.

Philadelphia at Carolina, 7 p.m.

Minnesota at Atlanta, 7 p.m.

Edmonton at Detroit, 7 p.m Vancouver at Ottawa, 7:30 p.m.

Croshy, Pah

Last night's results Buffalo 5 New Jersey 4 (SO) Boston 7 Pittsburgh 4 Columbus 8 St. Louis 1 Florida 4 Toronto 1 Phoenix at Chicago N.Y. Islanders at Anaheim

Tuesday's results Calgary 4 Colorado 2 Ottawa 5 Atlanta 2 Montreal 2 Vancouver Carolina 7 Edmonton 1 Tampa Bay 4 Toronto 0 Anaheim 3 San Jose 2 (OT)

PANTHERS 4, LEAFS 1

First Period
1. Florida, Allen 2, 7:42
Penalties — Hanson Tor (delay of game) 3:13,
Dvorak Fla (holding) 12:01, Florida bench (too
many men; served by Reinprecht) 17:11. Second Period

2. Florida, Reinprecht 3 (Wideman, Frolik) 15:44 (pp)

Penalties — McCabe Fla (interference) 4:45. Beauchemin Tor (cross-checking) 14:04. Reinprecht Fla (hooking) 19:37.

Third Period

3. Florida, Matthias 3 (Frolik, Kulikov) 2:44

4. Florida, Frolik 4 (Matthias, Weaver) 12:44

(pp) 5. Toronto, Grabovski 2 (MacArthur, Versteeg)

13:25 Penalties — Kulemin Tor (interference) 3:47, McCabe Fla (hooking) 8:31, Grabovski Tor (tripping) 10:49, Komisarek Tor (interference) 18:27.

Shots on goal by

7 10 16 6 14 8 Goal — Toronto: Gustavsson (1.1-3-1): Florida: Vokoun (W,5-5-0). Power plays (goals-chances) — Toronto: 0-5; Florida: 2-5. Referees — Dan O'Halloran, Francois St. Lau-rent. Linesmen — Scott Cherrey, Andy McEl-

man. **Att.** — 15,243 (17,040) at Sunrise, Fla.

SCORING LEADERS

	G	Α	PT
Stamkos, TB	13	11	24
Ovechkin, Wash	8	12	20

Getzlaf, Ana B.Richards, Dal 12 12 7 7 Sharp, Chi C.Stewart, Col Friksson, Dal Perry, Ana H.Sedin, Vcr Datsyuk, Det 10 14 9 St. Louis, TB E.Staal, Car Heiduk Col Ryan, Ana J.Thornton, SJ Zetterhera Del 13 4 7 Lidstrom, Det Dubinsky, NYR roux, Pha Alfredsson, Ott J.Williams, LA Byfuglien, Atl Ladd, Atl P Stastny Col 10 11 7 Backstrom, Wash Marleau, SJ Callahan, NYR Letang, Pgh M.Richards, Pha

Not including last night's games

SOCCER

ENGLAND

PREMIER LEAGUE

Yesterday's results Aston Villa 3, Blackpool 2 Chelsea 1, Fulham 0 Everton 0, Bolton 1 Manchester City 0, Manchester United 0 Newcastle 1, Blackburn 2 West Ham 2, West Bromwich Albion 2 Wigan 1, Liverpool 1 Wolverhampton Wanderers 0, Arsenal 2

LEAGUE CHAMPIONSHIP

Yesterday's results Leicester 2, Sheffield United 2 Reading 1, Cardiff 1 Swansea 0, Bristol City 1

SCOTLAND

PREMIER LEAGUE

Yesterday's results Dundee United 1, St. Mirren 2 Hearts 2, Celtic 0 Kilmarnock 3, Hamilton 0 Motherwell 4, St. Johnstone 0 Rangers 0, Hibernian 3

ITALY

SERIE A

Yesterday's results
Brescia 1, Juventus 1
Cagliari 0, Napoli 1
Catania 1, Udinese 0
Cesena 1, Lazio 0
Chievo Verona 0, Bari 0
Genoa 1, Bologna 0
Lecca 1 Intor Mila 1 Lecce 1, Inter Milan 1 AC Milan 3, Palermo 1 AS Roma 3, Fiorentina 2

FRANCE

LEAGUE CUP

Quarter-finals Yesterday's results Marseille 2, Monaco 1 Montpellier 2, Lille 1 Valenciennes 1, Paris Saint-Germain 3

COPA DEL REY

Yesterday's results
Almeria 2, Real Sociedad 1
(Almeria advanced on 5-3 aggregate)
Athletic Bilbao 2, Alcorcon 0 Athletic Bilbao 2, Akrorcon 0
(Athletic Bilbao advanced on 3-0 aggregate)
(Athletic Bilbao advanced on 3-0 aggregate)
Atletic Madrid 1, Universidad de Las Palmas 1
(Atletic Madrid advanced on 6-1 aggregate)
Barcelona 5, Ceuta 1
(Barcelona advanced on 7-1 aggregate)
Deportivo La Coruna 2, Osasuna 1
(Deportivo La

goals) Real Madrid 5, Murcia 1 Real Madrid S, Murcia 1 (Real Madrid advanced on 5-1 aggregate) Sevilla 6, Real Union 1 (Sevilla advanced on 10-1 aggregate) Villarreal 2, Poli Ejido 0 (Villarreal advanced on 3-1 aggregate) Zaragoza 1, Real Betti 2 (24)

MLS PLAYOFFS

SECOND ROUND

(All times Eastern) Conference Championship (single-game elimination) EASTERN CONFERENCE San Jose vs. Colorado Saturday's game San Jose at Colorado, 9:30 p.m. WESTERN CONFERENCE Los Angeles vs. FC Dallas Sunday's game FC Dallas at Los Angeles, 9 p.m.

13

NBA

FASTERN CONFERENCE

	IVI LIVE		-	
ATLANTIC DIV	ISION			
	W	L	Pct	(
Boston	6	2	.750	
New York	3	4	.429	2
New Jersey	3	5	.375	
Philadelphia	2	5	.286	3
Toronto	1	7	.125	
SOUTHEAST D	IVISION	ı		
	W	L	Pct	(
Orlando	5	2	.714	
Atlanta	6	3	.667	
Miami	5	3		
Washington	2	4	.333	2
Charlotte	2	6	.250	3
CENTRAL DIVI	SION			
	W	L	Pct	(
Cleveland	4	4	.500	
Chicago	3	3	.500	
Indiana	3	3	.500	
Milwaukee	4	5		
Detroit	2	6	.250	
WESTERN CO	UNEED	ENIC	E	

WESTERN CONFERENCE SOUTHWEST DIVISION

	W	L	Pct	GB
New Orleans	7	0	1.000	-
San Antonio	5	1	.833	11/
Dallas	4	2	.667	21/
Memphis	4	4	.500	31/
Houston	1	6	.143	6
NORTHWEST I	DIVISIO	V		
	W	L	Pct	GE
Portland	6	3	.667	-
Utah	5	3	.625	1/
Denver	4	4	.500	11/
Oklahoma City	3	3	.500	1:/

PACIFIC DIVISION

	W	L	Pct	GB
L.A. Lakers	8	0	1.000	_
Golden State	5	2	.714	21/2
Sacramento	3	3	.500	4
Phoenix	3	4	.429	41/2
L.A. Clippers	1	7	.125	7

Last night's results Milwaukee 108, Atlanta 91 Utah 104, Orlando 94 Charlotte 101 Toronto 96 Washington 98, Houston 91

New Jersey 95, Cleveland 87 Golden State at New York Dallas at Memphis

Dallas at Memphis

LA. Clippers at San Antonio

Minnesota at Sacramento

Tonight's games

(All times Eastern)

Golden State at Chicago, 8 p.m.

Boston at Miami, 8 p.m.

LA Lakers at Depuyer, 1030 p.m. L.A. Lakers at Denver, 10:30 p.m.

BOBCATS 101, RAPTORS 96

CHARLOTTE (101)

Wallace 6-14 7-10 19, Diaw 5-8 0-0 10, Mohammed 3-9 0-0 6, Augustin 4-9 5-5 16, Jack-son 6-13 5-6 20, Thomas 5-9 4-4 14, Livingston 0-0 2-2 2, Henderson 3-5 4-6 10, Diop 0-0 0-0 0. D.Brown 1-1 0-0 2. Carroll 1-1 0-0 2. Totals 34-69 27-33 101

TORONTO (96) Kleiza 2-7 0-0 4, Evans 1-5 0-1 2, Bargnani 8 195-623, Jack 5-94-414, DeRozan 2-30-24,

Weems 8-12 4-5 20, Wright 4-7 1-1 9, Calderon 1-9 1-14, Johnson 6-10 4-5 16. Totals 26 22 21 32 101 Charlotte Toronto 24 24 26 22 96

3-Point Goals—Charlotte 6-14 (Augustin 3-5, Jackson 3-6, Diaw 0-1, Wallace 0-2), Toronto 3-10 (Bargnani 2-5, Calderon 1-3, Kleiza 0-1, Weems 0-1). Fouled Out-None. Rebounds-Charlotte 46 (Wallace 14) Toronto 45 (Evans 10). Assists—Charlotte 23 (Augustin 7), Toronto 23 (Calderon 9). Total Fouls—Charlotte 22, Toronto 26. Technicals-Jackson, Thomas, Toronto defensive three second, A-14,309 (19,800) at Toronto.

TRANSACTIONS

BASEBALL

LEAGUE OFFICE — Elected Kansas City or and chairman David Glass chairman of MLB Advanced Media.

AMERICAN LEAGUE

KANSAS CITY ROYALS — Reinstated C Jason Kendall and OF David DeJesus from the 60-da DL. Traded DeJesus to Oakland for RHP Vin Mazzaro and LHP Justin Marks. Assigned Marks to Wilmington (Carolina). Assigned RHP Brian Bannister outright to Omaha (PCL). Bannister refused the assignment and elected free agency. Designated RHP Brian Anderson

LOS ANGELES ANGELS — Named Gary DiS-

TEXAS RANGERS — Announced OF Jeff Francoeur refused outright assignment and elected free agency. Named Todd Taylor executive vice president of ticket sales and marketing TORONTO BLUE JAYS — Named Luis Rivera major league coaching assistant.

NATIONAL LEAGUE

CINCINNATI REDS - Announced C Corky Miller refused outright assignment elected free agency and was re-signed to a minor league contract.

CAN-AM LEAGUE

PITTSFIELD COLONIALS - Traded RHP Kyle Zaleski to Lancaster (Atlantic) to complete an earlier trade.

FOOTBALL

BUFFALO BILLS - Signed LB Mike Balogun, BUFFALO BILLS — Signed LB Mike Balogun, Signed WR Paul Hubbard from the practice squad. Signed FB Jehuu Caulcrick and WR Montez Billings to the practice squad. CINCINNATI BENGALS — Signed FB Chris Pressley and CB Rico Murray to the practice DALLAS COWBOYS — Placed DE Marcus

Spears and KR Akwasi Owusu-Ansah on in-Jirred reserve. Signed DL Jeremy Clark and DL Jirmy Saddler-McQueen.

DENVER BRONCOS — Signed RB Lance Ball from the practice squad. Waived TE Daniel

Coats.
MIAMI DOLPHINS — Signed OT Matt Kopa and CB Al Harris. Waived OT Patrick Brown

and CB Jason Allen. MINNESOTA VIKINGS — Signed CB Cord Parks to the practice squad.

NEW ENGLAND PATRIOTS — Placed PK

NEW ENGLAND PATRIOTS — Placed PK Stephen Gostkowski on injured reserve. Signed PK Shayne Graham. PHILADELPHIA EAGLES — Signed S Colt An-derson from Minnesotá's practice squad. SEATTLE SEAHAWKS — Signed QB J.P. Los-consolicitudes Lebb Bileach Of Poeso Cisco-

man. Signed S Josh Pinkard, OT Breno Giacomini and WR Antonio Robinson to the practice

HOCKEY

ANAHEIM DUCKS — Assigned LW Matt Beleskey and RW Dan Sexton to Syracuse (AHL) for injury rehabilitation. Assigned D Danny

for injury rehabilitation. Assigned D Danny Syvret to Syracuse. Recalled D Luca Sbisa from Syracuse. LOS ANGELES KINGS — Placed D Willie Mitchell on injured reserve. Recalled D Jake Muzzin from Manchester (AHL). MINNESOTA WILD — Recalled C Cody Almond from Houston (AHL). NEW JERSEY DEVILS — Recalled G Mike

McKenna from Albany (AHL). WANCOUVER CANUCKS — Recalled Mario Bliznak from Manitoba (AHL). WASHINGTON CAPITALS — Recalled C Mar-cus Johansson from Hershey (AHL).

AMERICAN CONFERENCE

EAST						
	W	L	Т	Pct	PF	PA
N.Y. Jets	6	2	0	.750	182	130
New England	6	2	0	.750	219	188
Miami	4	4	0	.500	143	175
Buffalo	0	8	0	.000	150	233
SOUTH						
	W	L	Т	Pct	PF	PA
Tennessee	5	3	0	.625	224	150
Indianapolis	5	3	0	.625	217	168
Jacksonville	4	4	0	.500	165	226
Houston	4	4	0	.500	193	226
NORTH						
	W	L	T	Pct	PF	PA
Baltimore	6	2	0	.750	175	139
Pittsburgh	6	2	0	.750	174	123
Cleveland	3	5	0	.375	152	156
Cincinnati	2	6	0	.250	167	190
WEST						
	W	L	T	Pct	PF	PA
Kansas City	5	3	0	.625	183	145
Oakland	5	4	0	.556	235	188
				.444	239	197
San Diego Denver	4	5	0	.444	154	223

NATIONAL CONFERENCE

EAST						
N.Y. Giants Philadelphia Washington	W 6 5 4	2 3 4	T 0 0	Pct .750 .625 .500		
Dallas	1	7	0	.125	161	232
SOUTH						
	W	L	T	Pct	PF	P/
Atlanta	6	2	0	.750	196	154
New Orleans	6	3	0	.667	201	151
Tampa Bay	5	3	0	.625	157	190
Carolina	1	7	0	.125	88	184
NORTH						
	W	L	T	Pct	PF	P/
Green Bay	6	3	0	.667	221	143
Chicago	5	3	0	.625	148	133
Minnesota	3	5	0	.375		168
Detroit	2	6	0	.250	203	188
WEST						
	W	L	T	Pct	PF	P/
St. Louis	4	4	0	.500	140	141
Seattle	4	4	0	.500	130	181
Arizona	3	5	0	.375	157	225
San Francisco	2	6	0	.250	137	178
WEEK 10						

WEEK 10

Byes: Green Bay, New Orleans, Oakland, San

(All times Eastern) Tonight's game Baltimore at Atlanta, 8:20 p.m.

Sunday's games Minnesota at Chicago, 1 p.m. Tennessee at Miami, 1 p.m. Detroit at Buffalo, 1 p.m. Houston at Jacksonville, 1 p.m.

N.Y. lets at Cleveland 1 n.m. N.Y. Jets at Cleveland, 1 p.m.
Cincinnati at Indianapolis, 1 p.m.
Carolina at Tampa Bay, 1 p.m.
Carolina at Tampa Bay, 1 p.m.
Carolina at Tampa Bay, 1 p.m.
Dallas at N.Y. Giants, 4:15 p.m.
St. Louis at San Francisco, 4:15 p.m.
Seattle at Arizona, 4:15 p.m.
New England at Pittsburgh, 8:20 p.m.
New England at Pittsburgh, 8:20 p.m.

Monday's game Philadelphia at Washington, 8:30 p.m.

CFL

WEEK 20

PLAYOFFS

East Division Toronto at Hamilton, 1 p.m. B.C. at Saskatchewan, 4:30 p.m.

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Crossword

1 Quarrel

- 5 At the home of 9 — Beta Kappa
- 12 Mark's replacement
- 13 Take on
- 14 Snitch
- 15 High school VIP
- 17 Anger
- 18 Dire
- 19 Jeans material 21 "People" counter-
- part
- 22 Handed out hands
- 24 Benedict, e.g.
- 27 Started
- 28 Ruler's length
- 31 Atmosphere
- 32 "Hail, Caesar!"
- 33 Coffee shop item

43 -17

- 4

5 Stylish

6 With it

10 Mata -

sip column

20 Sprite

16 Opposite of "trans-"

. 22 Mephistopheles

- 34 Post-diet
- 36 Hr. fraction
- 37 Undo a dele 38 Of birth
- 40 Word symbolized
- by an asperand 41 Vanzetti's co-defen-
- dant
- 43 Musical set in the 1950s
- 47 Have bills
- 48 Spring on the Seine
- 51 Moines
- 52 Emanation 53 Rich soil
- 54 Commercials
- 55 Piquancy
- 56 Trig function
- Down
- 3 Met melody

- 1 Calendar abbr. 2 Kitten's sound
- 23 Paradise 24 Faux — 25 Lubricant 26 Cinderella, ulti-4 Language

mately

Hĥ

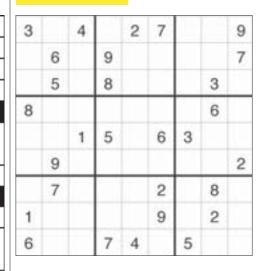
- 27 Tibetan monk 7 Historic time 29 Tramcar load
- 8 F. Scott Fitzgerald's 30 Stick with a kick 35 Singer Davis
- 9 Transfer from com-37 Fills with determiputer to paper nation
- 39 November stone 11 Twosome, in a gos-
 - 40 Illustrations
 - 41 Pop 42 Dumbstruck
 - 43 Summertime pest 44 Mine, in Marseille
 - 45 Bridge 46 Salinger girl
 - 49 Actress Sara 50 Apr. addressee

Sudoku

٠.,

14 3%

➤ Yesterday's answer



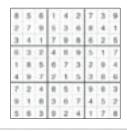
How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Today

Yesterday's answer ▶

7-/-2



9./2

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

To my JEMZ! With all I have and all that I am. Unconditional love. Forever, **mom**

Flora. You make me smile every day and I miss you so much. I love you. RYAN JEETHAN

Dear A.Y. - Thanks for being a good friend to me, and a wonderful mother to our Turkee. You're all right! Love: 'THE DUDE'

From the day we met i knew you were the one. I will ride with you all the way, through whatever may come our way. I love you more than words can say, and even though i don't show it often. I will Love you and always and forever Mi Amore. xoxo L.Y.A.A.F

Anita, you are a fun, intelligent, and attractive person. I am glad and lucky to have met you. I wish you the best in lif́e. **івканім**

IFT USE HAVING A METEOROLOGIST LIVING IN TOUR FOCEST.

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Today's horoscope

T Aries March 21-April 20

There is no point asking others what they think of your plans because even if they tell you it's unlikely you will be able to trust what they say. Trust your instincts and go it alone.

¥ Taurus April 21-May 21 You will be quite outspoken today. and while it may not make you many new friends you will gain the respect of people you live, work and do business with. Call it as you see it.

II Gemini May 22-June 21 You will get a great deal done today, but will it be the kind of work that takes you closer to your long-term goal? Only do what is really important to you everything else is a waste of your time and your energy.

know what you want and you know where to get it and there is not a doubt in your mind

that before the day is done it will be in your possession. Ω Leo July 23-Aug.23 Don't be too proud to ask for assistance

because you are going need it.

You may think you can push

on alone today but you'll real-

ize you've taken on too much.

Get help now. W Virgo Aug. 24- Sept. 22 Your self-belief is at an all-time high. You will take on tasks that others are too scared to think about, let alone attempt. Don't be too reckless though or you could find yourself in a

situation that even you cannot

Gancer June 22-July 22 You ← Libra Sept. 23-Oct. 23 You

don't lack for energy but will you channel it in positive directions? This is the perfect time to take a few risks. Just remember there is a big difference between risk and stupidity.

For today's crossword answers and for expanded horoscopes, go to metronews.ca

M Scorpio Oct. 24-Nov. 22

There have, of course, been times in your life when you failed to live up to expectations, but now you will be able to prove you have what it takes. You WILL succeed.

Nov. 23-Dec. 21 Make sure you do not overlook any small but important details today, because if you do they will most likely trip you up. There is a world of difference between confidence and over-confidence.

り Capricorn Dec. 22-Jan. 20

Your powers of persuasion may be strong but don't abuse them. Do everything you can to persuade others gently first, because you will create a lot of bad feeling if you get heavy.

--- Aquarius Jan. 21-Feb. 18

You will get more done in the next 24 hours than most people get done in 24 days. Where does your energy come from? Employers will be watching you closely - and they'll love what they see.

)-(Pisces Feb. 19-March 20 The Sun's transit of Scorpio gives you the courage to be tough, even ruthless, when the situation demands it, but limit it to work and business dealings. A SALLY BROMPTON



You WIN! write it! Write a funny cap

tion for the image to the right and send it to plav@metronews.ca the winning caption will be published in tomorrow's



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